Every single Millhill Peer Educator has graduated on time and gone on to a higher education program.

The Trenton PEERS reach nearly 2,000 youths per year with their presentations.

Millhill Peer Educators consistently report that participation in the PEERS program has prepared them for a more positive future.

About Millhill

Millhill Child & Family Development is a 501(c)(3) non-profit organization dedicated to helping families in Greater Trenton through educational, counseling and family support services. Founded in 1971, Millhill currently serves more than 5,000 individuals in the community with the help of dedicated staff, volunteers and financial contributors. Services are offered at 101 Oakland Street and 802 Prospect Street in Trenton, NJ.

For more information about programs and services, please visit www.millhillcenter.org or call (609) 989-7333.

Millhill Child & Family Development Corporation 101 Oakland Street Trenton, NJ 08618



Performing, Educating & Engaging about Responsible Strategies





Educate. Empower. Transform.

About the Trenton PEERS

The **Trenton PEERS** is a year-round education and support group made up of two mixed gender teams of youths ages 13 - 18. The Peer Educators are extensively mentored and trained to provide violence prevention and life skills education to their peers.

Each team meets weekly to learn both fact-based information and skill-building techniques, covering topics such as gang awareness, violence prevention, anger management, conflict resolution, dating violence prevention, postponing sexual involvement, substance abuse, and bullying.

The PEERS Mission

The purpose of the PEERS program is to provide Trenton's vulnerable youth with the information, skills, and support needed to find confidence, develop leadership skills, establish healthy relationships, and avoid violence and risky choices. This improves chances for a bright, self-directed future.

Educational Services

Preschool Toddler Daycare Summer Enrichment Camps

Counseling Services

Individual, Family, Group Counseling Psychiatric Evaluations Medication Monitoring Trenton PEERS

Family Support Services

Family Assessment and Support
Foster and
Relative Care Support
Medical Home Link
Health Literacy

Community Collaboration

Trenton Area Stakeholders

Days of Caring

What We Do

The Peer Educators work in the community by developing, practicing, and performing skits, and interactive workshops that depict how teens think, feel, react, and make decisions during times of conflict. These skits are performed for others their age facing common challenges.

The information presented in each PEERS workshop is dramatic, thought-provoking, and age-appropriate. At the conclusion of each skit the PEERS use interactive and educational activities to conduct small group discussions. These discussions are crafted to initiate dialogue, explore and expand values and beliefs, and create an exchange of ideas.

"The PEERS presentations to students my age were valuable and something I could relate to."

Millhill is about family

Millhill helps families improve their quality of life through services that educate, empower and transform to be successful in school, at work, at home and in the community. Our approach is both individualized and collaborative taking into account the dynamics of the whole family.

For more information about the Trenton PEERS please contact Jigna Rao (609) 989-7333 x 131 jrao@millhillcenter.org www.millhillcenter.org

